

# A Step-by-Step Guide to Breast Screening

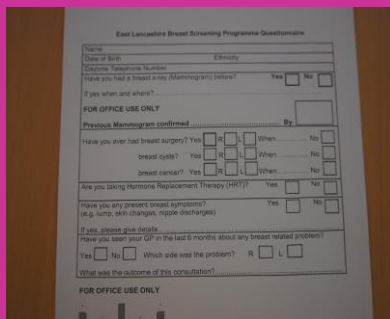
This guide will explain the steps involved in having a breast screening x-ray (mammogram)





### Step 1

Every 3 years women aged 50-71 will receive a letter inviting them to attend an appointment for breast screening. If this appointment is not at a convenient day/time/place, please call the breast screening office on 01282 805301 and we will be happy to rearrange.



### Step 2

On the reverse of the appointment letter is a questionnaire please fill this in and bring it with you to your breast screening appointment.



### Step 3

Women will have their breast screening at our base unit at Burnley General Hospital or on our mobile unit which visits 9 different locations throughout the region.





#### Step 4

Once you arrive at the base unit/mobile unit a receptionist or radiographer will check your details.



#### Step 5

You will then be asked to take a seat in our waiting area.



#### Step 6

A female mammographer will explain how the breast x-ray (mammogram) is taken, and ask you to undress to the waist.



### Step 7

A female mammographer will take the breast x-ray (mammogram) this may be uncomfortable but only lasts a few seconds.



### Step 8

Two trained film readers check the x-rays to look for changes in the breast tissue.



### Step 9

Women should receive their screening results in writing within 2 weeks.